

SPORTS AND SPINE ORTHOPEDICS

Peter Borden M.D. Allyson Estess M.D. Jennifer Hsu M.D.
Andrew Wassef M.D. Remi Ajiboye M.D.

23456 HAWTHORNE BLVD, SUITE 200
TORRANCE CA 90505
TELEPHONE (310) 375-8700 FAX (310) 375-8776

2361 ROSECRANS AVE, SUITE #165
EL SEGUNDO, CA 90245
TELEPHONE (310) 775-2331 FAX (424) 255-4012

We hope that the following information will be helpful to you. We respect your time and would like to help make your visit as efficient as possible.

PLEASE BRING THE FOLLOWING ITEMS TO YOUR VISIT:

- **NEW PATIENT FORMS**
 - Please complete the following registration and history forms and bring them to your visit or plan to arrive 30 minutes before your scheduled appointment time to complete these forms.
 - Printing and completing the forms prior can save you time on the day of your visit!
- **MEDICAL INFORMATION**
 - **IMAGING STUDIES:** You must bring a copy of any prior MRI or CT imaging studies to you visit (CD or film copy ok). Failure to bring your studies may require us to schedule an additional appointment.
 - **PERTINANT MEDICAL RECORDS:** Please bring any recent medical records (within past 5 years) related to the medical condition you are being treated for today
 - Operative notes from previous surgeries
 - Discharge summaries from ER visits or recent hospital stays
 - List of current medical problems and medications you currently take
- **MEDICAL INSURANCE CARD/FINANCIAL INFORMATION**
 - Please bring copies of all insurance cards.
 - We collect co-pays at the time you check in for your appointment before seeing the doctor.
 - Before your appointment, please verify that your insurance allows treatment at our office. Be aware that your insurance reimbursement may not cover the full cost of your visit. Regardless of insurance, payment remains your personal responsibility.
 - If you are being seen for a workman's compensation injury, motor vehicle accident or personal injury claim, please bring all relevant billing information including address and claim number. We do require a copy of your personal insurance care for these claims as well.

****Please note that patients under the age of 18 must be accompanied by a parent or guardian****

LOCATIONS:

- TORRANCE LOCATION 23456 Hawthorne Blvd, Suite 200
 - We are located off of Hawthorne Blvd in the building behind the Olive Garden Restaurant. We recommend that you park in or near the structure as that parking is nearest to our building.

- EL SEGUNDO LOCATION 2361 Rosecrans Ave, Suite 165
 - We are located in the building on the north side of Rosecrans Ave near Aviation Blvd near the Paul Martin restaurant. Parking is available in one of the main garages on the inside of the campus.